YOUTH RESILIENCY CENTER: DECEMBER 2022

MON  TUE  WED  THU  FRI

5  3-6 pm: Music Studio Time  5-6 pm: Self-Exploration Smart Humans
   5-6 pm: Chess Judge Not

6  5-6 pm: Self-Exploration Smart Humans

7  5-6 pm: Open Art Elated Exchange

8  4-5 pm: Platte Pet Power  5-6 pm: Elephant in the Room Karson’s Group

9  YRC CLOSED

11 3-5:30 pm: Music Studio Time  5-6 pm: Chess  5-7 pm: Ginger Bread Houses

13  YRC CLOSED

14  5-6 pm: Holiday Treats w/ Lindsey Elated Exchange

15  4-5 pm: Platte Pet Power  5-6 pm: Teach Me You Fiber Arts
   6-7 pm: YRC CLOSED

16  3:30-6 pm: D&D  5-6:30 pm: Holiday Movie Night

17  YRC CLOSED

20  5-6 PM : Self-Exploration Smart Humans

21  5-6 pm: Nicca’s Group Elated Exchange

22  4-5 pm: Platte Pet Power  4-H Cooking Class  5-6 pm: Elephant in the Room Crafts with Lindsey

23  YRC CLOSED

26  YRC CLOSED

27  5-6 pm: Self-Exploration Smart Humans

28  5-6 pm: Alex’s Group Elated Exchange  YRC Feedback Group  5:45-7:30 pm: Teen Parent Support

29  4-5 pm: Platte Pet Power  5-6 pm: Teach Me You Barrier Babes

30  2-6 pm: Boys & Girls Club NYE Party

Boys & Girls Club Holiday Fun Week 12/27-12/30

Holiday Store - Appointment Only

2001 NE Parvin Rd
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Synergy Services
Safe today. Strong tomorrow.

MON-FRI
2:30-6:30 PM
Activity Descriptions:

Self-Exploration- A Synergy Therapist will lead a group about getting to know yourself.

Open Art- Get in the zone and get your creative juices flowing with the guidance of our campus Art Therapist!

Judge Not- Carl Boyd will lead youth in a discussion focusing on current events and issues within a space that is free of judgement and criticism.

Teach Me You– Carl Boyd likes to be taught about today's generation as compared to his own 1950's teen experiences.

Elephant in the Room- Carl Boyd will continue his popular exploration hour group with community youth. Youth discuss taboo/hot topics and discuss the pros and cons of each side, set in a discussion style forum.

Elated Exchange- Conversations for youth to exchange comments, questions, and concerns about life and everything that comes with it. Led by Boys and Girls Club staff member Will.

Smart Humans- There's more than one way to be a Human- exploring the different ways humans move through the world. Led by Boys and Girls Club staff member Will.

Crafts with Lindsey- Street Outreach Advocate Lindsey will lead crafts of all sorts from ice dyeing to tile making!

Fiber Arts- Street Outreach Advocate Margo teaches the basics of knitting and crotchet.

Chess- Join Synergy staff, Dino, as he teaches strategy behind the great game of chess!

Dungeons and Dragons (D&D)– Dungeons and Dragons is a game of imagination and exploration! We will create characters to fight monsters, solve puzzles, and work as a team!

Teen Support Parent (TPS)- is an awesome and free resource in the community. Twice a month we meet with pregnant and parenting teens in the Kansas City area. We share a meal and then engage in an educational opportunity to enhance their development as teen parents.

4-H- Join Lizette from 4-H Youth Development- University of Missouri Extension in the kitchen! Learn how to prepare a healthy and delicious snack!

Platte Pet Power- Pet Power has been serving local communities for 20 years with a mission of enhancing communications and relationships between generations and with those in group settings with the help of animal companions. Join us as we bring an emotional support dog into the YRC space to spend time with!

Barrier Babes- Barrier Babes believes in transparency, especially when it comes to sexual health education. We aim to work with the community to bring a safe and inclusive environment, where even the seemingly most embarrassing questions are comfortably asked. The folk and youth of Kansas City deserve to have access to resources, education, and products they need.

Music Studio Time- Join Heather, a working artist, for music consultation and recording session at the YRC. Heather will cover 30 minutes of one of the following topics; song writing, basic music production, and working as a self-taught artist.

YRC Feedback Group- The YRC is your space, and we want to hear your thoughts. This is your chance to talk to YRC Staff and share your honest thoughts about YRC programming.

Ginger Bread Houses- Join YRC Volunteers as we put together home-made gingerbread houses!

Boys & Girls Club Holiday Fun Week- Join us for a week of fun holiday activities! We will be playing games, making crafts, baking, watching movies, and lots of other fun things! 12/27-12/29 from 2-5pm, 12/30 from 2-6 pm, and 01/03 from 2-5 pm.

Holiday Store- The YRC is very excited to be hosting a two-day holiday store taking place Monday, December 12th from 10:00am-6:00pm and Tuesday, December 13th from 8:00am-3:00pm. **Shopping the Holiday Store is available by appointment only**. Please reach out to your advocate or case manager to sign-up!