



# 2021 Annual Report

# about us

The foundation of all Synergy Services programs are rooted in a trauma-informed care approach to mental health, with an enhanced commitment to diversity, equity, and inclusion as a foundation for the organizational culture. Providing safety, promoting healing and building strength are at the center of our crisis response and key to ending family violence in our community.

Synergy serves children and youth 0-18, young adults 18+ and adults who may have experienced any of the following: mental health crisis, emergency shelter needs, domestic abuse, child abuse, sexual assault, classroom disruption, homelessness, teen parenting or bullying.

## 19,949 clients served!



**3,241**  
volunteers donated  
**10,379**  
hours of their time



**1,000+**  
individuals and  
families were  
adopted during the  
holiday season



**34,700**  
nights of safety were  
provided to children and  
individuals in our  
residential program

## unmet needs

- |                               |               |
|-------------------------------|---------------|
| • Children's Center           | 218 children  |
| • Domestic Violence Center    | 1,604 clients |
| • Domestic Violence Housing   | 10 clients    |
| • Transitional Living Program | 297 teens     |
| and Maternity Group Home      |               |
| • Synergy House               | 247 teens     |

## noticeable trends

1

Increase in depression, anxiety, and isolation during and post-pandemic.

2

Increase in crisis calls, especially individuals seeking mental health therapy.

3

Suicide rates among young people continue to increase, especially among youth of color.

4

Increased need for Batterer Intervention Program.

5

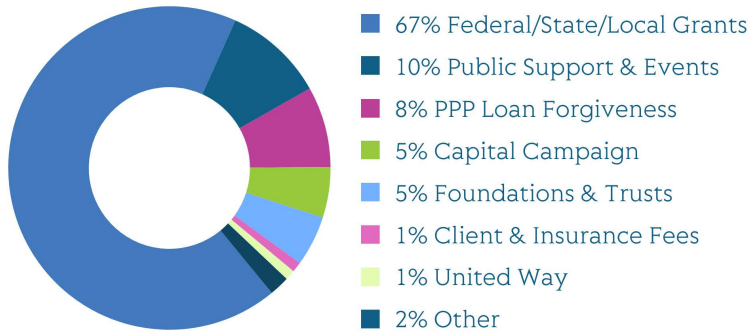
Increased need for school-based integrated services.

6

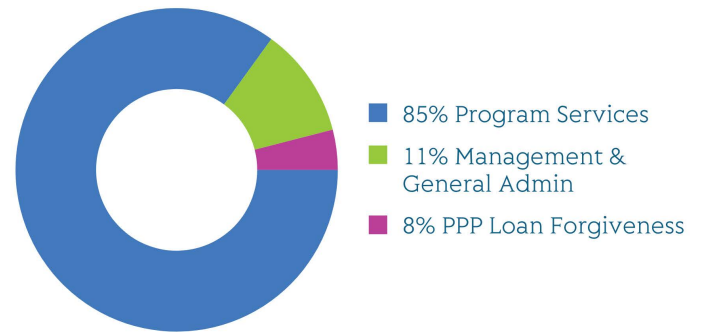
Increased need for affordable housing for homeless youth and domestic violence survivors.



## revenue



## expenses



## big accomplishments

To improve client access to mental health services, Synergy purchased a new facility in Gladstone, MO in March. Renovations began in June and the new space was ready to move into in November.

Virtual and in-person events were well attended and exceeded fundraising goals, allowing us to continue our work and support our programs.

Ten apartments were added to our domestic violence housing program, to continue to meet the needs of our community. These additions bring our total to over 20 apartments, doubling the number of apartments we had in 2020.

School districts in North Kansas City requested and received funding from the Clay County Children's Service Fund to continue SBIS services.

Synergy partnered with Children's Mercy Hospital, Boys and Girls Club of Greater KC, the City of Kansas City, United Way and First Call to expand service offerings for children and families.

Organization leaders worked together to strengthen their communication, collaboration, and decision-making skills.

Staff members and leaders collaborated to create new diversity and inclusion initiatives and trainings.

## board of directors

**Board Chair**  
Susan M. Casey,  
Community Member

**Vice Chair**  
Brynn McCan,  
Curry Real Estate Services

**Board Secretary**  
Amanda Richardson,  
Grant Thornton, LLP

**Board Treasurer**  
Jim Caniglia,  
UMB Bank

**Immediate Past Board Chair**  
Michelle Brown,  
CBIZ

**Members at Large**  
Jason Bennett,  
American Century  
Investments

Laure Christensen,  
Park University

Michael Gabrick,  
Community Member

Cheryl Givens,  
Community Member

Tom Isenberg,  
Retired Western Extralite  
President

Lauren Kepler,  
JE Dunn

Dustin Kerr,  
QuikTrip Corporation, KC  
Division

Greg Personelli, Argosy  
Casino Hotel & Spa

Rachel Peterson,  
Stinson LLP

Ryan H. Powell, O.D.,  
Vision Source Eyecare

Mia Scott,  
Mia Johnae Photography

Tommy Taylor,  
Retired from Polsinelli  
Shughart PC

Wayne Threatt,  
WBT Strategy Consulting,  
LLC

List of Services Provided



# OUR PROGRAMS

## RESOLVE CRISIS

- **Crisis Hotlines: Children 816-321-7060, Youth 816-741-8700, Domestic Violence 816-321-7050**  
Compassionate operators provide emotional support and referrals to shelters and other community resources for victims of family violence.
- **Safe Place: 816-505-4811**  
A network of sites throughout the community to connect youth in danger with safe shelter or other assistance.
- **Street Outreach: 816-204-6747**  
A collaboration between Synergy and partner agencies to provide basic necessities and assist homeless young people in reaching educational, vocational and housing goals.
- **BridgeSPAN & Medical/Legal Advocacy: 816-321-7050**  
BridgeSPAN provides hospital-based domestic violence intervention & support services, while medical/legal advocates guide survivors through the often complex medical and legal systems.

## PROVIDE SAFETY

### Emergency Shelter

- **Children's Center: 816-321-7060**  
Emergency shelter and counseling for children from birth to age 12 who are in custody of the state, from families in crisis, or who have experienced violence.
- **Synergy House: 816-741-8700**  
Shelter and counseling for youth ages 12 to 18 who are in crisis due to abuse, family dysfunction, abandonment, homelessness or parental emergencies.
- **Domestic Violence: Center 816-321-7050**  
Emergency shelter and support services for adult domestic violence survivors and their children.

### Temporary Housing

- **Transitional Living: 816-505-4814**  
18 months of stable housing, counseling, case management and support to enable youth and young families to transition from homelessness to self-sufficiency.
- **Rapid Rehousing: 816-398-1966**  
Safe, stable housing and the necessary support services to enable domestic violence survivors and their children to escape abuse without becoming homeless.

## PROMOTE HEALING

- **Medical, Dental & Vision Care: 816-505-4865**  
Our on-site clinic is consciously designed and operated to overcome the barriers that prevent homeless and at-risk children and youth from accessing regular healthcare. A variety of services are provided utilizing collaborations between healthcare providers.
- **Mental Health & Counseling Services: 816-587-4100**  
A wide-range of counseling services to strengthen individuals and families and help them function in a healthy way including: Individual, Couple, Family & Group Counseling; Art, Movement, Music & Play Therapy; Other Behavioral Therapies
- **School Based Integrated Services: 816-321-7470**  
Trauma informed services delivered in schools to help students overcome trauma and develop the social and emotional skills necessary to be a successful learner and reach their full potential.
- **Children's Advocacy Center: 816-321-7040**  
A multidisciplinary team approach to preventing, investigating, prosecuting and providing healing services for child abuse victims. A collaboration between law enforcement, Children's Division and other child serving agencies to conduct forensic interviews and offer advocacy support to children and families who are navigating the child welfare system.

## BUILD STRENGTH

- **Teen Parent Support: 816-505-4816**  
Education, case management and mentoring for pregnant and parenting teens up to their 22nd birthday.
- **Youth Resiliency Center: 816-741-8700**  
A unique place that promotes growth and healing for at-risk youth through: a clinic providing medical, mental, dental and vision health services; support groups; computer lab and education center; creative arts center and recording studio; indoor basketball court and teaching kitchen; and a drop-in center for homeless youth to eat, take a shower and do laundry.

## EFFECT CHANGE

- **Batterers Intervention: 816-505-4805**  
An intensive therapy experience that holds domestic violence offenders accountable for their behavior and equips them with the tools they need to choose alternatives to violence.