

safe today.
strong tomorrow.

SYNERGY SERVICES

2022 ANNUAL REPORT

We take action to create a community free of family violence.

Synergy Services programs are rooted in a trauma-informed care and resiliency-based approach to mental health. Through an enhanced training and support for diversity, equity, and inclusion, Synergy Services makes continuous efforts to sustain an organizational culture of quality care and trust. Providing safety, promoting healing and building strength are at the center of our crisis response and key to ending family violence in our community.

Synergy Services serves children, youth, adults and families who may have experienced any of the following: mental health crisis, emergency shelter needs, domestic violence, child abuse, sexual assault, classroom disruption, homelessness, teen parenting or bullying.

noticeable trends

27,327 clients served

Due to growing community need, over 7,000 more clients were served in 2022 than in 2021. In 2022, more clients were served by Synergy Services than ever.



1,866

volunteers donated



48,526

nights of safety were provided to children, youth, individuals and families in our residential program



13,930

students received prevention education

9,340

hours of their time to fuel the mission of Synergy Services

41,101

therapy hours were provided to community members

1 Increase in depression, anxiety, and isolation, particularly post COVID pandemic

2 Increase in crisis calls, particularly for those seeking mental health therapeutic services

3 Suicide rates among young people remain high

4 Increased need for Batterer Intervention Program (BIP) Services to reduce cyclical violence

5 Increased need for School Based Integrated Services prevention, therapy and behavioral support

6 Increased need for affordable housing for homeless youth and domestic violence survivors



Safe today. Strong tomorrow.

**We take action to create a
community free of family violence.**

Resilient Individuals. Strong Families. Safe Communities.



board of directors

executive committee

Board Chair:

Susan M. Casey, Community Member

Vice Chair:

Brynn McCan, Curry Real Estate Services

Board Secretary:

Amanda Richardson, Grant Thornton, LLP

Board Treasurer:

Jim Caniglia, UMB Bank

Immediate Past Board Chair:

Michelle Brown, CBIZ

members at large

Michael Gabrick, Community Member

Tom Isenberg, Retired Western Extralite President

Lauren Kepler, Newkirk Novak

Greg Personelli, Argosy Casino Hotel & Spa

Rachel Peterson, Stinson LLP

members at large, continued

Ryan H. Powell, O.D., Vision Source Eyecare

Cheryl Givens, Community Member

Jason Bennett, American Century

Investments

Mia Scott, Mia Johnae Photography

Dustin Kerr, QuikTrip Corporation- KC

Division

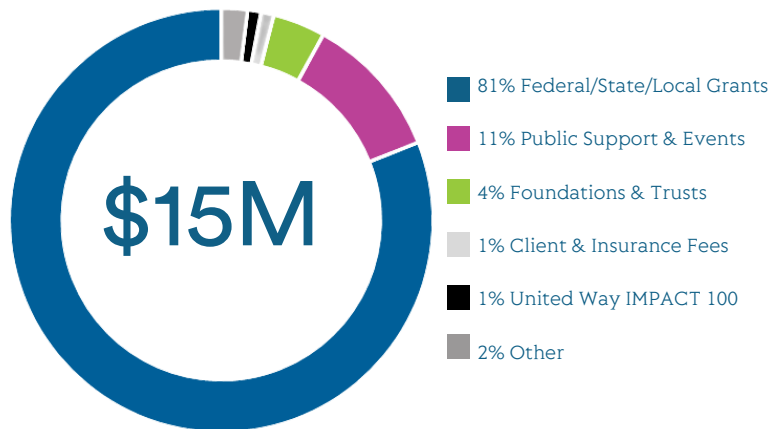
Laure Christensen, Park University

Tommy Taylor, Retired from Polsinelli

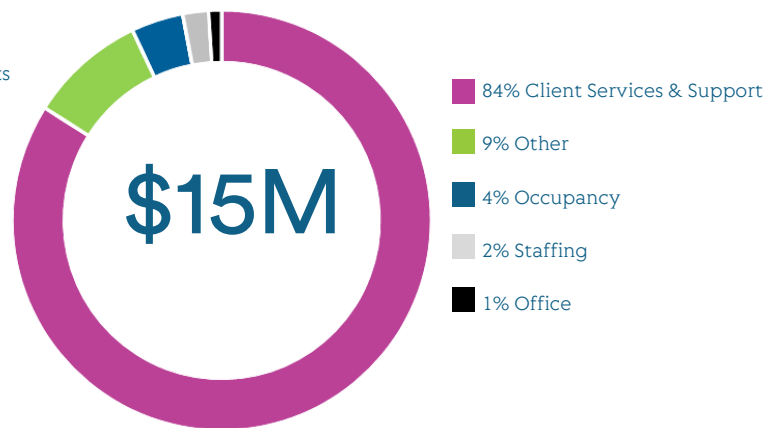
Shughart PC

Wayne Threatt, WBT Strategy Consulting,
LLC

revenue



expenses



life changing accomplishments of 2022

The 2023-2028 Long Range Plan was completed with staff, board members and community stakeholders in order to define the community's greatest unmet needs for children and families in crisis. This included addressing health needs of homeless youth, housing for survivors and mental/behavioral health needs of students across the community.

Over 1,000 individuals and families received holiday support after being adopted by community members.

Staff members and leaders collaborated to create new diversity, equity and inclusion initiatives and trainings

Synergy Services continued to address growing need in homelessness, mental health and family violence. To further support the Synergy Services staff, a greater Employee Assistance Program was built and initiated key workplace mental health practices to support both our staff and clients.

Three key programmatic changes were initiated to address to desperate need for accessible & affordable housing for survivors:

The Children's Center shifted to an attachment-based, short-term residential program to build connection, attachment and develop parenting skills for families that have experienced domestic violence.

Five apartments were added to the Transitional Living Program to continue to meet the needs of our community. These additions bring our total to 15 apartments and will increase the capacity to serve by 20 individuals annually.

Our Capital Campaign was launched to purchase a new property for the long-term Domestic Violence Housing Program. This project will add 18 apartments and provide additional client services to thousands of survivors annually.

Synergy's School Based Integrated Services Program continued to actively provide services in every school district in Clay County. Excelsior Springs and Liberty School Districts integrated the SBIS Behavioral Health Program to support students with several social/emotional dysregulation.

Sideline The Stigma, in partnership with the Kansas City Current & Blue Cross Blue Shield, was launched and served 100 local youth with a purpose to reduce the stigma around mental health, while facilitating open and honest conversation with young people across the community.

603 individuals, 116 companies, 25 community organizations and 16 foundations together provided more than \$2.5 million in financial support. Their contributions made sure we could keep the services flowing for thousands of children, teens, families and domestic violence survivors in our community.

Learn more at www.synergyservices.org

OUR PROGRAMS

RESOLVE CRISIS

- **Crisis Hotlines: Children 816-321-7060, Youth 816-741-8700, Domestic Violence 816-321-7050**
Compassionate operators provide emotional support and referrals to shelters and other community resources for victims of family violence.
- **Safe Place: 816-505-4811**
A network of sites throughout the community to connect youth in danger with safe shelter or other assistance.
- **Street Outreach: 816-204-6747**
A collaboration between Synergy and partner agencies to provide basic necessities and assist homeless young people in reaching educational, vocational and housing goals.
- **BridgeSPAN & Medical/Legal Advocacy: 816-321-7050**
BridgeSPAN provides hospital-based domestic violence intervention & support services, while medical/legal advocates guide survivors through the often complex medical and legal systems.

PROVIDE SAFETY

Emergency Shelter

- **Children's Center: 816-321-7060**
Emergency shelter and counseling for children from birth to age 12 who are in custody of the state, from families in crisis, or who have experienced violence.
- **Synergy House: 816-741-8700**
Shelter and counseling for youth ages 12 to 18 who are in crisis due to abuse, family dysfunction, abandonment, homelessness or parental emergencies.
- **Domestic Violence: Center 816-321-7050**
Emergency shelter and support services for adult domestic violence survivors and their children.

Temporary Housing

- **Transitional Living: 816-505-4814**
18 months of stable housing, counseling, case management and support to enable youth and young families to transition from homelessness to self-sufficiency.
- **Rapid Rehousing: 816-398-1966**
Safe, stable housing and the necessary support services to enable domestic violence survivors and their children to escape abuse without becoming homeless.

PROMOTE HEALING

- **Medical, Dental & Vision Care: 816-505-4865**
Our on-site clinic is consciously designed and operated to overcome the barriers that prevent homeless and at-risk children and youth from accessing regular healthcare. A variety of services are provided utilizing collaborations between healthcare providers.
- **Mental Health & Counseling Services: 816-587-4100**
A wide-range of counseling services to strengthen individuals and families and help them function in a healthy way including: Individual, Couple, Family & Group Counseling; Art, Movement, Music & Play Therapy; Other Behavioral Therapies
- **School Based Integrated Services: 816-321-7470**
Trauma informed services delivered in schools to help students overcome trauma and develop the social and emotional skills necessary to be a successful learner and reach their full potential.
- **Children's Advocacy Center: 816-321-7040**
A multidisciplinary team approach to preventing, investigating, prosecuting and providing healing services for child abuse victims. A collaboration between law enforcement, Children's Division and other child serving agencies to conduct forensic interviews and offer advocacy support to children and families who are navigating the child welfare system.

BUILD STRENGTH

- **Teen Parent Support: 816-505-4816**
Education, case management and mentoring for pregnant and parenting teens up to their 22nd birthday.
- **Youth Resiliency Center: 816-741-8700**
A unique place that promotes growth and healing for at-risk youth through: a clinic providing medical, mental, dental and vision health services; support groups; computer lab and education center; creative arts center and recording studio; indoor basketball court and teaching kitchen; and a drop-in center for homeless youth to eat, take a shower and do laundry.

EFFECT CHANGE

- **Batterers Intervention: 816-505-4805**
An intensive therapy experience that holds domestic violence offenders accountable for their behavior and equips them with the tools they need to choose alternatives to violence.