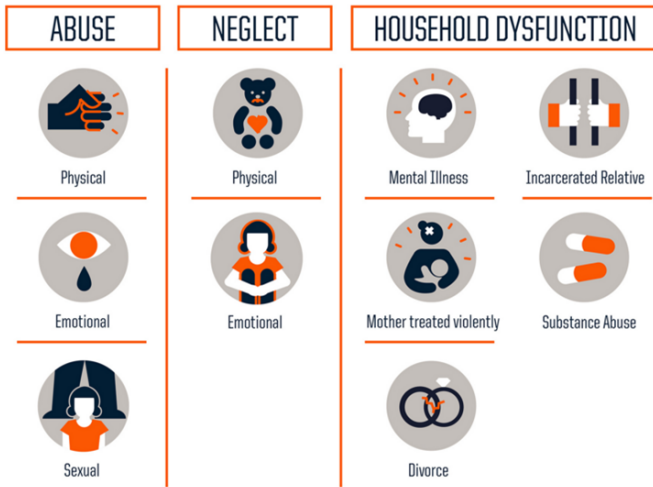


TRAUMA INFORMED CARE

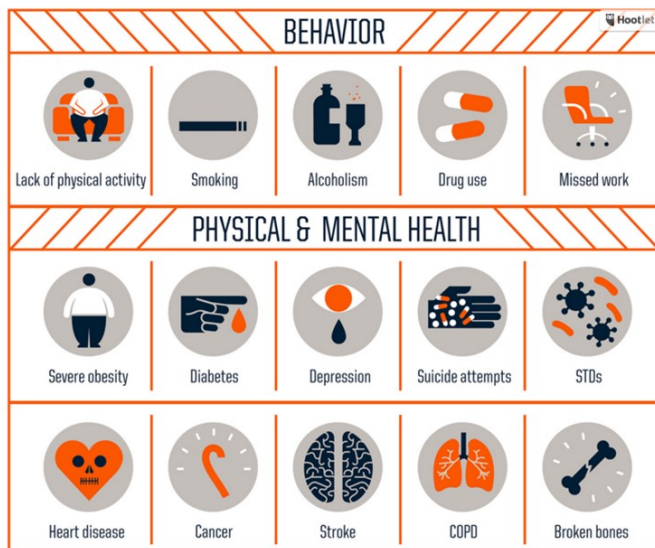
understanding that behavior challenges can be a symptom of prior trauma; without tools and support, this trauma could lead to health problems later in life

Trauma can happen when a person does not have the ability or resources to deal with an outside threat, such as the following:



Source: Centers for Disease Control and Prevention
Credit: Robert Wood Johnson Foundation

The more traumatic events that occur during childhood, the more likely the person is to suffer from the following conditions:



Source: Centers for Disease Control and Prevention
Credit: Robert Wood Johnson Foundation

Events unrelated, but similar to, prior trauma may trigger the fight or flight response. To remain in this response may cause toxic stress, behavior issues & health problems.

