



Get Connected Bullying Prevention Program

Bullying in America

An estimated 160,000 youth miss school every day due to intimidation or fear of attack by other students (*National Education Association*). Approximately 25% of all bullies have a criminal record by age 30 (*Join Together*).

Program Description

Get Connected is the turn-key solution to bullying prevention that can create lasting change in a school climate. The program proactively addresses current trends in bullying by means of a three-pronged approach, where the unique needs of youth (K-8th grade), school faculty, and parents can be met in separate workshop sessions. Youth workshops incorporate engaging, developmentally-appropriate activities that emphasize empathy, reinforce positive behaviors, and empower youth to deter bullying. Adult workshops discuss the importance of bullying policies and tips for raising compassionate and resilient youth.

Included in the *Get Connected* Program

- 10 Student Workshops
- 1 School Faculty Workshop
- 1 Parent Workshop
- 1 *Get Connected* Kit (includes pencils, buttons, stickers, posters, etc.)
- STOP Violence staff member to facilitate sessions

Youth Objectives

Define empathy
Recognize bullying behaviors
List witness & target strategies
Identify caring adult confidants
Apply reporting procedures

Faculty Objectives

Recognize the effects of bullying
Identify bullying “hot spots”
Employ active supervision
Apply intervention techniques
Manage bullying reports

Parent Objectives

Recognize the effects of bullying
List strategies to support targets
Discuss trends in cyber bullying
Develop dialogue techniques
Identify available resources

Agency Overview

Synergy Services, Inc. provides a full continuum of care to assist individuals and families with immediate respite from violence. The agency also provides supportive services to families in crisis. Additionally, Synergy focuses on community education through programs like STOP Violence.

Contact Information

For more information and to book a *Get Connected* workshop, contact STOP Violence at 816-505-4863 or email stopviolence@synergyservices.org

